

2018

BEHAVIORAL HEALTH WORKFORCE DEVELOPMENT COURSE CATALOG



MSBHLN
January 2018 – March 2018



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About Mississippi Department of Mental Health Bureau of SDMHS BADS

The Mississippi Department of Mental Health administers the public system of alcohol and drug use prevention and treatment services in Mississippi through the Bureau of Alcohol and Drug Services. These services are provided through a statewide network, which includes state-operated facilities, regional community mental health centers, and other nonprofit community-based programs.

The Bureau of Alcohol and Drug Services is responsible for establishing, maintaining, monitoring and evaluating a statewide system of alcohol and drug use services, including prevention, treatment and rehabilitation. The Bureau has designed a system of services for alcohol and drug use prevention and treatment reflecting its philosophy that alcohol and drug use is a treatable and preventable illness.

The goal of this system is to provide a continuum of community-based, accessible services. The Bureau is committed to quality care, cost-effective services, and the health and welfare of individuals through the reduction of alcohol and other drug use.

Who We Are

The Mississippi Behavioral Health Learning Network (MSBHLN) was established by the Mississippi Public Health Institute (MSPHI) in July 2017 in a partnership with the Mississippi Department of Mental Health, Bureau of Alcohol and Drug Services (MSDMH BADS) to provide workforce development opportunities to behavioral health providers in Mississippi.

Mission

MSBHLN is dedicated to the progress of Mississippi's behavioral health workforce by providing evidence-based, relevant and effective training and professional development opportunities.

Our Training Program

The professional development offerings developed by the MSBHLN are designed to help professionals gain a better understanding of substance abuse prevention and substance use disorder treatment, assist with acquisition of current strategies and to provide participants with the knowledge, skills and attitudes to effectively and efficiently perform the responsibilities of their jobs.

Meet the Team

Glenda Crump, MS, CPM

Chief Administrative Officer and Senior Advisor for MSBHLN
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Melissa Holland, MA, M.D., CAADC, FACOG

Workforce Development Specialist for SUD Treatment mholland@msphi.org | 601-398-4406

Rachel Deer, MS, CPM

Workforce Development Specialist for Prevention rdeer@msphi.org | 601-398-4406

REGISTRATION INFORMATION

Online: Register online at www.msbhln.org

By Phone: We are happy to assist you with workshop-related questions via the telephone, but we are unable to accept registrations over the phone.

By Fax: We suggest that registration forms not be faxed as they are easily lost during transmission.

You may register for as many workshops as you would like and as far in advance. Please mark your calendars once you register. Registrations are made on a first come, first serve basis. Space is limited, so please make sure to register early.

MSBHLN reserves the right to turn away walk-ins if space is limited. Registering guarantees that a space has been reserved for you. Only those who have registered in advance will be alerted to any changes or revisions in the training schedule including dates, times, and location. Programs and agencies funded by the Mississippi Department of Mental Health receive priority registration. If you are not a DMH-funded program or agency, and workshops are at capacity, you will be placed on a waiting list and contacted should space become available.

TRAINING LOCATION

Unless otherwise noted, all in-person trainings will be held at the Mississippi Behavioral Health Learning Network training facility located at the MSPHI building, 829 Wilson Drive, Suite C, Ridgeland, MS 39157.

PAYMENT

The MSBHLN is funded by the Mississippi Department of Mental Health Bureau of Alcohol and Drug Services. Therefore, there is no cost for programs, agencies and CMHCs funded by the MDMH.

Others interested in attending MSBHLN training will be assessed a \$25.00 fee payable by cash or check to the Mississippi Public Health Institute.

SPECIAL PROVISIONS

Military personnel and students, with proper I.D., are allowed to attend workshops at no cost.

For individuals who attend consecutive, same-day trainings, only one registration fee will be required.

E-LEARNING

Learning modules will be provided through Litmos, an online learning management system. These trainings will be posted and updated as necessary on the MSBHLN website.

CONFIRMATION

Participants will receive an email confirmation provided the registration form is complete and a legitimate, legible working email is provided. Please keep the confirmation email for your records. Please review confirmation notices for any changes in time, date, or location.

CANCELLATIONS

If you need to cancel, for any reason, please contact MSBHLN at least 24 hours before the start time of the workshop.

In the event of inclement weather or other extreme circumstances:

In the case of inclement weather, please contact MSBHLN to determine if classes are cancelled or delayed. MSBHLN staff will make every effort to contact registered participants immediately by email and then by phone should a workshop be delayed or cancelled.

HOW WE CONTACT YOU

Any schedule changes will be communicated via email. Additionally, updates, revisions and changes will be posted on the MSBHLN website at: www.msbhln.org.

We may send out announcements regarding new workshops, upcoming events, or continuing education credits.

We **MUST** have a correct email, phone number, and mailing address on file in case we need to reach you. We are not responsible for any errors or mistakes that bear a direct relationship to providing incorrect or incomplete information or providing an email that is not checked frequently.

CONTACT MSBHLN

Toll Free: 1-877-740-9889
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Web: www.msbhln.org

CONTINUING EDUCATION HOURS

MSBHLN applies for the following continuing education hours:

APA (American Psychological Association)
CEU (Education) through Mississippi College (must attend a minimum of 5 hours)
CHES (Certified Health Education Specialist)
CME (Continuing Medical Education)
CRCC (Commission on Rehabilitation Counselor Certification)
DMH- Addiction Therapist
DMH- Mental Health Therapist
DMH- Peer Support Specialist
DMH-Community Support Specialist
DMH- IDD Therapist
DMH - Licensed Administrator
LMFT (Licensed Marriage Family Therapist)
MAAP (Mississippi Association of Addiction Professionals)
NAADAC (National Association of Alcohol and Drug Abuse Counselors)
NBCC/LPC (National Board Certified Counselors)
Nursing (MS Nurses Foundation)
SW (Social Work)

For specific information regarding which hours/credits are available, check out the course descriptions or visit our web site at www.msbhln.org.

Contact hours: Certificates indicating the number of contact hours earned are issued to all participants at the conclusion of each workshop.

Participants who arrive more than 15 minutes late or must leave early may not receive CEs nor contact hours.

Maintenance of contact hour records, certificates, licensure/certification requirements etc., is the sole responsibility of the individual, not MSBHLN, MSPHI, nor the Mississippi Department of Mental Health.

REGIONAL AND INDIVIDUALIZED WORKSHOPS

The MSBHLN offers individualized training by request. If there is a training course in which you are interested and need us to provide the training at your location, please contact us. Let us know what course you would like to attend and we will work to secure a regional location. We can provide training at no cost to you at your location provided there is a minimum of five people in attendance and your agency or program receives funding through the Mississippi Department of Mental Health.

CALENDAR AT-A-GLANCE

Please note that a comprehensive Workforce Development catalog for April through December will be available in March. There will be more course offerings covering a variety of substance abuse prevention and substance use disorder treatment topics.

JANUARY 2018

- 16 Ethics in Prevention Training for Substance Abuse Prevention Practitioners**
8:30 a.m. -5:00 p.m.
- 19 Cultural Competence and Intro to HIV/AIDS**
8:00 a.m. -3:00 p.m.
- 22 Motivational Interviewing: Trading the Stick for a Carrot**
8:30 a.m. -3:30 p.m.
- 30 Substance Abuse Prevention Skills Training (SAPST)**
8:30 a.m.-4:30 p.m. (*Note: Tuesday, January 30- Friday, February 2)

FEBRUARY 2018

- 21 Coding and the DSM 5**
9:00 a.m. -2:00 p.m.
- 22 Tips for Preparing for Taking the Prevention Certification Exam**
9:00 a.m. -12:00 p.m.
- 26 The Roadmap to Wellness: Understanding the Impact of Attachment and Trauma in the Treatment of Addiction and Other Mental Health Issues**
8:30 a.m.-3:30 p.m.

MARCH 2018

- 6 Grant Writing Basics**
9:00 a.m.-4:00 p.m.
- 7 Managing Disruptive Audiences**
10:00 a.m-3:00 p.m.
- 12 Daily Living Activities (DLA 20)**
8:00 a.m.-12:00 p.m.
- 15 Ignite: Getting Your Community Coalition Fired Up for Change**
8:30 a.m.-4:30 p.m.

Ethics in Prevention Training for Substance Abuse Prevention Practitioners

The Ethics in Prevention in-person training provides participants with knowledge and skills regarding ethical responsibilities and practices, and familiarizes them with the six principles of the Prevention Code of Ethics. Through interactive activities and discussions, participants will explore the role of ethics in their work and apply a four-step decision-making model for assessing, addressing, and evaluating a range of ethical issues.

Educational Objectives:

- Gain knowledge and skills regarding ethical responsibilities and practice
- Identify the six principles of the Prevention Code of Ethics
- Explore the role of ethics in their work through interactive activities and discussion
- Apply a four-step decision-making model for assessing, addressing, and evaluating a range of ethical issues

Presenters: Kathy Asper, CPS, CAPT Associate and Ben Stevenson, MA, CPP, T/TA Associate

When: Tuesday, January 16, 2018 8:30 a.m. -5:00 p.m.

Cultural Competence and Intro to HIV/AIDS

The Mississippi AIDS Education Training Center provides comprehensive training for clinicians on HIV/AIDS treatment and practices throughout Mississippi. The Center is comprised of HIV experts from the University of Mississippi Medical Center. Additionally, the team is comprised of experts in cultural competency. This training will provide the opportunity to increase one's knowledge, skills, and confidence to deliver high-quality care.

Educational Objectives:

- Assess and interpret culturally specific client behaviors and lifestyles
- Convey respect for cultural and lifestyle diversity in the therapeutic process
- Adapt therapeutic strategies to client needs
- Understand and describe the health and behavior problems related to SUD, including transmission and prevention of HIV/AIDS
- Understand how HIV can effect treatment for SUD
- Learn and understand community health and allied health resources available to those with HIV/AIDS

When: Friday, January 19, 2018 8:00 a.m.-3:00 p.m.

Motivational Interviewing: Trading the Stick for a Carrot

This course is consistent with Practice Dimension V of SAMHSA's Addiction Counseling Competencies. Motivational Interviewing is a person-centered approach that has evidence to support the use with clients who have substance use disorders.

Educational Objectives:

- Discover person-centered approach that has demonstrated effectiveness with substance use disorders
- Examine how to facilitate the client's engagement in the treatment and recovery process
- Determine how to assess the client's readiness for change
- Implement motivational techniques
- Identify and document change on the client

Presenter: Melissa Holland, MA, MD, FACOG, CAADC

Where: Crossroads Recovery Center, Region 13, Gulfport, MS

When: Monday, January 22, 2018 8:30 a.m. -3:30 p.m.

Substance Abuse Prevention Skills Training (SAPST)

The Substance Abuse Prevention Skills Training (SAPST) is the foundational course of study in substance abuse prevention, grounded in current research and SAMHSA's Strategic Prevention Framework., it prepares practitioners to implement effective, data-driven prevention programs and practices that reduce behavioral health disparities and improve wellness.

The SASPT is for practitioners new to the substance abuse prevention field and/or working in related discipline. This innovative training blends a four-day, in-person component with an interactive online unit.

What does the SAPST cover?

Introduction to Substance Abuse Prevention: Understanding the Basics (online), including an overview of basic terminology and facts, history of substance use and prevention in the U.S., addiction and the brain, and the effects and health risks of alcohol, tobacco, and other drugs.

Setting the Foundation: From Theory to Practice (in-person), including an exploration of behavioral health, the Institute of Medicine's Continuum of Care, the public health approach to prevention, risk and protective factors, and the developmental perspective

Application: SAMHSA's Strategic Prevention Framework (in-person), including presentations on assessment, capacity, planning, implementation, and evaluation, cultural competence, and sustainability

Educational Objectives:

- Address substance abuse prevention in the context of behavioral health
- Improve practice by developing a comprehensive approach to prevention
- Reduce behavioral health disparities by identifying the needs of vulnerable populations and improving cultural competency
- Sustain prevention by collaborating effectively across sectors to address shared risk factors and improve the health and well-being of communities in a comprehensive way

Presenters: Rachel Deer, MS, CPM and Glenda Crump, MS, CPM

When: Tuesday, January 30- Friday, February 2, 2018 8:30 a.m. -4:30 p.m.

Coding and the DSM 5

Using the 2013 DSM-5 and ICD-10-PCS/ICD-10-CM, during this workshop, participants will discuss and learn coding updates and billing practices. Additionally, there will be a discussion on integration of the crosswalk between DSM-5 and ICD-10. Participants will be given an opportunity to engage in the process and ask questions specific to their needs.

Educational Objectives:

- Discuss mental illness and the disease process
- Discuss updates on the DSM-5/ICD-10-PCS/ICD-10-CM
- Examine how to integrate DSM-5/ICD-10-PCS/ICD-10-CM
- Engage in billing practices

Presenter: Mallory Pennington, RHIA

When: Wednesday, February 21, 2018 9:00 a.m.-2:00 p.m.

Tips for Preparing for Taking the Prevention Certification Exam

The success of prevention programs relies on a competent, well-trained, ethical and professional workforce of Prevention Specialists. Credentialed prevention staff ensure that programs and their funders are delivering on their mission of ensuring public safety and well-being. A thorough understanding of prevention and the latest evidence-based practices for treatment is the hallmark of a qualified professional.

The Prevention Specialist credential requires professionals to demonstrate competency through experience, education, supervision, and the passing of a rigorous examination.

If you are working on earning your prevention certification, this training presents ways to efficiently and effectively prepare your application and study for the exam.

Educational Objectives:

- Complete the application and portfolio for prevention certification through MAAP
- Review potential exam content through review of study guides and resources
- Practice for the Prevention Certification Exam by completing a practice examination

Presenter: Rachel Deer, MS, CPM

When: February 22, 2018

9:00 a.m. -12:00 p.m.

The Roadmap to Wellness: Understanding the Impact of Attachment and Trauma in the Treatment of Addiction and Other Mental Health Issues

This course provides evidence-based and best practice information for behavioral health service providers and administrators who want to work more effectively with people who have been exposed to acute and chronic traumas and/or are at risk of developing traumatic stress reactions.

Educational Objectives:

- Define and describe different types of trauma and its impact on mental, emotional and spiritual development and integration
- Explain the role of attachment and trauma in the process of recovery from maladaptive behaviors such as addiction and other mental health disorders
- Discuss and describe therapeutic interventions to assist practitioners in addressing psychological barriers caused by trauma

Presenter: Buddy Horne, MA, LPC, CSAT

When: Monday, February 26, 2018

8:30 a.m. -3:30 p.m.

Grant Writing: Basics

The training is designed to increase the capacity of organizations to conceptualize and submit grant applications. The training will utilize case-based learning and practice and feedback educational techniques to assist participants in reviewing, analyzing, and conceptualizing grant applications.

Educational Objectives:

- Define key terms related to the grant research, development, and submission process
- Assess readiness to submit a grant proposal
- Understand how funding evaluation teams analyze grant proposals

Presenter: June Gipson, PhD

When: Tuesday, March 6, 2018

9:00 a.m. -4:00 p.m.

Managing Disruptive Audiences

Participants will be able to recognize the types of disruptive audience members and implement methods for intervening while preserving the disruptive audience member's dignity. Participants will explore how disruptions affect learning and have negative effects on programs through interactive role play and models. During this workshop, we explore what makes for the "perfect" facilitator and the impact the facilitator has on the workshop and participants, setting group norms and expectations, learning styles, behaviors that "bug" you, the perfect (and not-so perfect) participant, the different types of participants, how to handle difficult participants and situations, and how to engage all learners. This workshop will equip you with the skills to manage those who attend your programs, groups, or sessions.

Educational Objectives:

- Create effective boundaries and ground rules for use in groups, within agencies and programs
- Recognize the different learning styles and how they affect client behavior, engagement and behaviors
- Identify the characteristics of an effective group leader/trainer and staff member
- Distinguish how to deal with specific problem behaviors

Presenter: Rachel Deer, MS, CPM

When: Wednesday, March 7, 2018

10:00 a.m. -3:00 p.m.

Daily Living Activities (DLA 20)

The Daily Living Activities (DLA) Functional Assessment is a functional assessment, proven to be reliable and valid, designed to assess what daily living areas are impacted by mental illness or disability. The assessment tool quickly identifies where outcomes are needed so clinicians can address those functional deficits on individualized service plans. The DLA is intended to be used by all disabilities and ages. Developmental Disabilities and Alcohol/Drug Abuse forms are personalized for daily functional strengths and problems associated with those diagnoses. An Adult form exists for SMI and SPMI consumers over the age of 18 and a Youth form for consumers between the ages of 6 and 18.

Participants will initially learn why functional assessments are in the forefront of audits and accountability. They will participate in established pretests in order to experience the definition of reliability and validity. They will be introduced to criteria for scoring the functional assessment tool (copyrighted DLA) via the presentation of a current consumer's functional assessment. Subsequently, small groups congregate under the supervision of the author to assess various members' consumers using the DLA. Small groups confront intricate questions, misconceptions and learn to focus on functioning for designing measurable goals and treatment plans. In concluding the session, participants reconvene to examine DLAs and their correlation with level of care assignments, scoring GAF with and without objective criteria and using functional assessments in treatment plans, progress notes, and tracking outcomes. Materials for training trainers and clinicians are included.

Educational Objectives:

- Inform programs serving severely mentally ill, substance abuse and developmental disabilities about the APA, Medicaid, OIG Healthcare Report Card basis for requiring functional assessments (separate from symptoms) and research-based criteria necessary for shifting from a subjective to a quantitative Global Assessment of Functioning (GAF)
- Validate the GAF: Score, Use, Interpret GAF for customers - Customers who pay and audit us; Customers (staff) who have varying needs when serving consumers; Customers (managers) who manage service and pay employees; and most important with the most emphasis: consumers' reported satisfaction with treatment, outcomes

- Ensure GAF utilization is consistently scored, reliable with national norms for public healthcare report cards

Presenter: Melissa W. Holland, MA, MD, FACOG, CAADC

When: Monday, March 12, 2018 8:00 a.m.-12:00 p.m.

Ignite: Getting Your Community Coalition Fired Up for Change

While the process of building and sustaining productive coalitions certainly is not without its challenges, working as part of a successful coalition can provide a number of benefits. Effective partnering can provide access to additional resources, increase opportunities for diversity, and enable organizations to more effectively protect and improve the health and quality of life for people throughout Mississippi. Join Fran Butterfoss, a nationally recognized expert on partnerships and coalitions, as she discusses how to assess your readiness to collaborate, build new or enhance existing partnerships, attract resources and members, implement effective programs, and evaluate outcomes.

Educational Objectives:

- Identify the benefits and challenges of working in partnerships
- Recognize the key organizational components of effective coalitions
- Identify a process to build, grow, and sustain effective coalitions

Presenter: Fran Butterfoss, PhD, MEd

When: Thursday, March 15, 2018 8:30 a.m. -4:30 p.m.

PRESENTER BIOS

Kathy Asper, CPS, CAPT Associate

Kathy has more than 30 years of experience working to prevent substance misuse, including experience moderating the CAPT's *Ethics in Prevention* online course, face-to-face training, and virtual training-of-trainers. Kathy also manages prevention and outreach at Arbor Place, Inc., where she provides technical assistance to a county-wide coalition, facilitates local prevention efforts, and directs two federal grants. Kathy has served as a peer reviewer for the Drug Free Community grants and the National Registry of Evidence-based Programs and Practices.

Fran Butterfoss, PhD, MEd

Frances Dunn Butterfoss has over 20 years' experience consulting and training worldwide on developing, sustaining and evaluating partnerships for health promotion and disease prevention. She holds a PhD in health promotion and education from the Arnold School of Public Health at the University of South Carolina and is a Professor at Eastern Virginia Medical School (EVMS). Dr. Butterfoss has received substantial research support and has published widely.

Glenda Crump, MS, CPM

Glenda Crump, MS, CPM is Chief Administrative Officer for the Mississippi Public Health Institute (MSPHI). In this role, she coaches staff, helps improve internal controls and works with the CEO and Board of Directors to set strategic directions for the organization. She has over 29 years of experience in nonprofit management. She worked in the youth substance abuse prevention field for 23 years and for 10 years served as CEO of DREAM, Inc., Mississippi's largest and oldest youth substance abuse prevention organization. She has

extensive experience in project management, partnership development, event coordination, board development, training, public speaking, curriculum development, coaching and supervision. She received a Master of Science degree in Communications from Mississippi College; a Bachelor of Arts degree in English/Journalism from Tougaloo College; and is a Certified Prevention Specialist.

June Gipson, PhD

Dr. June Gipson currently serves as the President/CEO of My Brother's Keeper, Inc. in Ridgeland, MS. She holds a Bachelor degree in Criminal Justice from the University of Southern Mississippi, a Master degree in Education Administration from William Carey College, a Specialist degree in Education Leadership, and a Doctorate of Philosophy in Urban Higher Education from Jackson State University. Dr. Gipson has worked in the public health arena for over 14 years. During her tenure, she has worked diligently as an educator and health professional to implement an array of community-oriented programs that focus on improving the health and wellness of minority communities.

Most recently, Dr. Gipson has expanded her service range into the clinical arena with the establishment of Mississippi's first LGBTI primary healthcare clinic, Open Arms Healthcare Center. This vibrant, patient-focused healthcare center provides innovative, Preventive, Clinical, and Mental Healthcare services to underserved, underinsured, and underrepresented populations in Mississippi, with emphasis on the Lesbian, Gay, Bi-sexual, Transgender, and Intersex (LGBTI) communities.

Rachel Anderson Deer, MS, CPM

Prior to joining the MSPHI in September 2017, Rachel worked at Holmes Community College Workforce Development, but her experience and passion for substance abuse prevention began in 2005 at DREAM of Hattiesburg, and later from working as Prevention Services Director at DREAM, Inc. (2005-2014), where she managed DREAM's prevention services under the Mississippi Department of Mental Health, Bureau of Alcohol and Drug Services' Substance Abuse Prevention (SAPT) Block Grant. These services included Red Ribbon Week coordination, delivering a variety of substance abuse prevention workshops and editor of the DATELINE newsletter. Rachel has also taught classes on interpersonal and personal communication and professional development as an adjunct instructor through the University of Southern Mississippi.

Rachel is a member of the Jackson Professional Women's Association, Mississippi Association for Addiction Professionals, and Mississippi Chapter of the Association for Talent Development. She earned a Bachelor of Arts in Social Sciences and a Masters in Family and Consumer Sciences from the University of Southern Mississippi and is currently working on obtaining personal trainer certification.

Buddy Horne, MA, LPC, CSAT

Buddy Horne has been a counselor working in the field of treating trauma and addiction since 2000. He specializes in helping others to be integrated and healthy by identifying psychological barriers that prevent them from being their true selves. He is trained in multiple therapeutic interventions such as CBT, experiential therapy, EMDR, Brain spotting and the Comprehensive Resource Model. He has a Master's degree in professional counseling from Ottawa University. He is a member of the International Institute of Trauma and Addiction Professionals (IITAP) and is also a Certified Sex Addiction Therapist trained by Patrick Carnes. Buddy has 17 years of experience in providing individual, group and family therapy and has been on his own recovery journey for over 20 years. He currently is in private practice and works part time at a trauma specific treatment center called Milestones in TN. He has previously served as the clinical director at the Recovery Ranch in Tennessee and as a counselor at the Prescott House, Inc. in Arizona and the Northern Arizona Veteran's Administration.

Melissa Holland, MA, MD, FACOG, CAADC

Melissa Holland received her BS degree in 1996 from the University of Southern Mississippi. Attending the University of Mississippi Medical Center, she received her Doctor of Medicine degree Summa Cum Laude in 2001. After completing her residency in OB/GYN, she enjoyed 10 years of private practice in South Mississippi and served as an Associate Professor at UMMC.

A strong advocate for equitable behavioral and mental healthcare, Dr. Holland completed a Master's program in Professional Counseling at Liberty University and is a Certified Advanced Alcohol and Drug Counselor.

Dr. Holland is a fellow of the American Board of Obstetrics & Gynecology. Additionally, she is active in the American Society of Addiction Medicine, American Counseling Association, and the American Association of Christian Counselors. The recipient of numerous awards and recognitions, Dr. Holland has co-authored several research publications in peer-reviewed journals.

Ben Stevenson, MA, CPP, T/TA Associate

Ben has more than 11 years of experience working in substance misuse prevention at the community and county levels. He has co-facilitated Ethics in Prevention face-to-face trainings for prevention providers pursuing their prevention specialist certification. For the CAPT's Southeast Resource Team, he provides training and technical assistance (T/TA) to CSAP

MISSISSIPPI BEHAVIORAL HEALTH LEARNING NETWORK

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Contact Information

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